

# Neighbourhood *news*

*Our latest news and favourite moments*



VINCENT COURT  
AGED CARE COMMUNITY

July 2022

## From the *Manager*



Kylie Bonney

### *Welcome to July's Neighbourhood News!*

It's certainly been a challenging time at Vincent Court with two Covid-19 outbreaks in two months. I am so incredibly proud of how our clinical and care staff have effectively contained both outbreaks, working tirelessly to minimise any spread and keep residents and staff safe. I congratulate every staff member for their professionalism, excellent infection control measures, and for working so hard as a united team.

The St Paul's College students undertaking a Cert III in Individual Support are thriving at Vincent Court and four students have been signed as Trainees. It's wonderful to see these young people learning so much from their teachers, and our staff and residents. Not only are they being equipped with personal care and clinical skills, they are also learning about respect, dignity and how special the older generation is to our wider community.



## Resident *profile*



**Meet Margaret – whose handmade crafts help others in need**

***Margaret is a much-loved Kempsey local with a long history of serving her community.***

Her crocheted dolls, cushions and rugs are legendary at Vincent Court and she finds this pastime to be very fulfilling.

*"It's a wonderful thing to be able to crochet - I think everyone should learn! It's so good for my mental stimulation so I crochet all the time."*

Margaret donates the rugs she makes to the Vincent Court raffles and she's won many prizes for her beautiful crafts at the annual Kempsey Show.

But the positive impact of Margaret's crocheting has a far wider reach. She also donates her creations to Wrap with Love – an amazing not-for-profit organisation that distributes hand-made rugs to people in need around Australia and overseas.

*"I find it so rewarding that something I've made can help someone less fortunate. To think that my rugs are being used to keep people in need warm makes me so happy."*

*"I'm very grateful that the staff at Vincent Court are so supportive of my hobby. They really take an interest and encourage me to do what I love."*

Margaret has been a resident at Vincent Court since 2017 and says she wouldn't have it any other way.

*"If anyone asks me what it's like living at Vincent Court, I tell them I wouldn't go anywhere else. I recommend it to anyone!"*



## Community spirit alive and well at Vincent Court

*Anyone connected with Vincent Court would know how community minded the residents are. From cooking and craft stalls and choir performances at the annual Kempsey Fete, through to the amazing array of handmade craft items donated as raffle prizes, the residents love using their talents to make a positive contribution.*

Any money raised from the stalls and raffles is saved in a special bank account and the residents vote on how it will be spent. There's one golden rule when deciding, though. It must be used and enjoyed by ALL the residents.

Just some of the items that these funds have purchased include outdoor tables and chairs like the ones pictured above, and even the snooker table in the Recreation Centre!

Next time you visit, take a look at the items for sale in our display cabinets. You'll find beanies, rugs, gloves, coat hangers and Christmas decorations all available for purchase.

*Read the full stories*



*Visit our website to read the full stories covered in this newsletter.*

And follow us on Facebook to keep up-to-date on even more news from Vincent Court.



*Feedback*



*Feedback from residents and families is important to us so we can make positive changes.*

We also love hearing when we're doing something well. To provide feedback, you can:

1. Tell us in person
2. Fill out a feedback form (located in each lounge room), and place in the mailbox outside the Manager's office, or hand it to a staff member
3. Email Apollo Care's Chief Governance Officer at [feedback@apollocare.com.au](mailto:feedback@apollocare.com.au)

## Celebrating 100 years of All Saints Church

*On Sunday 17 July, more than 600 people, including many staff and residents of Vincent Court, came together to celebrate this Centenary with a special Mass led by Parish Priest, Fr James Foster and the Bishop of Lismore, Greg Homeming.*

Vincent Court's very own Sister Cabrini was a special part of the event, being presented with a Papal blessing in recognition of her exemplary service to the Macleay Valley Parish. Her famous scones made in our community's kitchen were a big hit at the gourmet morning tea!



# Notice *board*

## *Special* events!

Thurs 21st Jul	Vincent Court Annual Ball
Fri 26th Aug	Daffodil Day
Sun 4th Sep	Father's Day
Wed 14th Sep	Mexican Day
Thurs 29th Sep	Footy Colours Day

## Birthday *wishes!*

*Happy birthday to residents who celebrated birthdays in April, May and June:*

Marie, Gabor, Merle, Rachel, Mary, June D, June H, Des, Collene, Helen.

## *Safety and quality in everything we do*

*At Vincent Court, we work closely with select allied health practitioners to help optimise residents' health and wellbeing.*

We were thrilled to receive this testimonial from our Physiotherapist partner, Keystone Health:

*"We have an excellent relationship with Vincent Court. Everything our team recommends in regard to resident care gets actioned to address pain, mobility or dysfunction issues. I attend a lot of aged care communities as a professional and Vincent Court is high on my list. They have a very caring attitude and that's why they have a great reputation in the local community."*

**Michael Kemp**, Physiotherapist, Keystone Health



## Favourite moments



Easter Bunny visits



Mother's Day



Painting Classes



Volunteers' Day



Mary turns 100!



## Staff profile



Meet Paige – our Clinical Nurse with a passion for aged care

*Paige was just 15 when she first started working in aged care through a school-based traineeship.*

Graduating high school with a Personal Care Worker qualification, she then studied to become an Enrolled Nurse and joined a hospital in a surgical ward. Her love of learning saw her go on to achieve her Registered Nurse qualification, but she soon realised that aged care was her true calling.

**What do you love about nursing at Vincent Court?** Aged care is where my heart lies. I love that I can support Vincent Court residents to live their best life by providing them with tailored care, dignity and respect. We treat each resident as a unique individual, and to look after them in their home is an honour and a privilege.

**How are you supported to use your clinical skills to put residents first?** At Vincent Court, I am empowered by my leadership team to case manage and coordinate resident-focused care. My clinical skills are always highly valued and it's wonderful to work in such a collaborative team that places the residents first. The systems and processes we have in place enhance our nursing care, and our Carers work closely with us and the allied health providers.

**What would you say to others considering a Nursing career in aged care?** It's a challenging and highly rewarding career. It's our job to be there for the residents and use our compassion and empathy to make a difference. I don't think there are that many other careers where you can honestly say you enlighten someone's life.