

Neighbourhood *news*

Our latest news and favourite moments



VINCENT COURT
AGED CARE COMMUNITY

April 2022

From the *Manager*



Kylie Bonney

Thank you to all residents, staff, volunteers and families for warmly welcoming me back to Vincent Court. I'm so happy to be back here again after my previous role as Acting Manager in 2020 and 2021.

When people ask me what this community feels like, I always tell them that it's like walking into your own home and feeling safe and loved.

We're very excited to partner with St Paul's College and welcome 12 students undergoing their Cert III in Individual Support.

We're sure that students will enjoy this experience learning clinical skills every Tuesday and interacting with residents, and that our whole community will benefit from this innovative program. Read the article on page 4.

We're also delighted to welcome some new team members in a variety of different roles, and we are continuing to actively recruit more staff in the coming months.



Resident *profile*



Meet Sister Cabrini – who loves calling Vincent Court home

Sister Cabrini is such a special part of Vincent Court and is loved by our whole community.

Where did you grow up? I was born in Kempsey and our family dairy farm was in Monday Creek. My siblings and I used to walk two miles to attend a little bush school. Sometimes we rode a horse, but I was happy to walk. Our teacher lived in the schoolhouse with his wife, and every Friday afternoon, they'd pack up and go to Crescent Head for the weekend.

What do you like to do? That's a hard question because I like most things. I like life. I really can't think of anything I don't like!

When did you become a Sister? After I finished school, I went to college in Grafton and I met the Nuns who I greatly admired. I was just 17 but something pulled me to this way of life, and that was God. I don't think you can perform this role if God doesn't want you to do it.

What do love most about a being a Sister? One of the most important things for me was teaching in the infant school where I'd tell the children about God. They got to know who He was through me. I hope that today, wherever those children are, God is important to them.

Why do you enjoy living at Vincent Court? I used to volunteer here and I'm so happy to live here now. I'm part of a beautiful community, and I enjoy doing so many things with others.

Why does Vincent Court feel like home? I think it's home because I can be who I am. And everyone around me feels like friends and family.



Manager *profile*



Meet Kylie, our highly experienced and compassionate Manager.

Our Residential Service Manager, Kylie Bonney has worked in the aged-care industry for almost two decades. Her experience encompasses many different aspects of aged care, having held roles in facility management, workforce management, administration and care. Born in Port Macquarie, she moved to Telegraph Point in 2014.

What do you love most about managing Vincent Court? I've always loved to help others, and here I'm able to support residents to live their best life. I focus on building respectful relationships with residents and their families, and on helping ensure that every staff member is happy and enjoying their role to the fullest.

What do you think makes Vincent Court so special? It's a homely environment that's welcoming and happy. It's a place where residents feel respected, loved and safe, and it's also a place that's full of positive energy.

How do you think you're making a difference to residents and staff? I try to make a positive impact by being available to listen to any concerns and also celebrate any achievements. I try to lead by example with our team. By working together, we're able to do great things for residents and our community.

“When people ask me what Vincent Court feels like, I always tell them that it’s like walking into your own home and feeling safe and loved.”

Read the full stories



Visit our website to read the full stories covered in this newsletter.

And follow us on Facebook to keep up-to-date on even more news from Vincent Court.



Feedback



Feedback from residents and families is important to us so we can make positive changes.

We also love hearing when we're doing something well. To provide feedback, you can:

1. Tell us in person
2. Fill out a feedback form (located in each lounge room), and place in the mailbox outside the Manager's office, or hand it to a staff member
3. Email Apollo Care's Chief Governance Officer at feedback@apollocare.com.au

Technology keeping residents *connected* to loved ones



One of the most difficult aspects of the pandemic is having to restrict visitor access to our communities.

Should this happen, we encourage loved ones to keep connected through our remote visits program. Families can stay connected with residents through FaceTime, Skype or Zoom calls. To arrange, email lifestyle@vincentcourt.com.au with the preferred date and time, plus details of how you'd like to connect.



Notice *board*

Special events

Mon 25th Apr	ANZAC Day
Fri 6th May	Mother's Day High Tea
Tue 17th May	Volunteers' Special Morning Tea
Thu 19th May	The Biggest Morning Tea
Wed 25th May	Pentecost Service
Thu 21st July	Vincent Court Annual Ball

Birthday *wishes!*

Happy birthday to residents who celebrated birthdays in January, February and March:

Rita, Stephen, Hazel, Irma, Janice A, Fay, Harry, Kerry, Marion, Janice R, Robin, Elizabeth, Marilyn and Joan.



Big improvements to our *lovely outdoor spaces*

Apollo Care's Head Gardener, Hayden, visited Vincent Court recently to start revamping our garden areas. He's already made great improvements with more in the pipeline. Residents have been enjoying using these spaces for gardening activities, alfresco dining and just relaxing and admiring the greenery.

Welcome to our newest team members

Jackie Pollock returns to us as a Registered Nurse, Gary Steel joins our Care Team, and Leonor Druhan and Sharron Goldthorpe join our Kitchen Team.



Favourite moments



Thelma turns 100!



Chinese New Year



Valentine's Day advice



Arts & crafts



Tending the veggies



Helping the *next generation* of Nurses and Carers

Thirteen Year 11 @ 12 students from St Paul's Catholic Secondary College in Kempsey have commenced a Cert III training course in Individual Support using Vincent Court as a living classroom.

This first-of-a-kind program gives students a pathway to future study and career options in aged care and nursing. It also promises to deliver many benefits to the residents and wider community.

During the course, students will undertake a range of practical training and classroom activities led by St Paul's Teacher, Amanda Jones, who is also a Registered Nurse with a background in aged care.

It is hoped that by later this year, the students will be equipped with the skills required to help care for residents under supervision. After successfully completing the Certificate, students can choose to apply to study Nursing or commence work as an Enrolled Nurse or a Carer.

Residential Service Manager, Kylie Bonney, says the program is a win-win for everyone involved.

"Residents will enjoy the connections and interactions with these young pupils, and it's a wonderful opportunity for students to gain real-world learning that can propel them to a future career. They'll get to experience first-hand Vincent Court's resident-first culture, and will gain valuable insights into the rewards of caring for older Australians," she said.

In line with current health guidelines, all students will be Covid tested at school prior to entering Vincent Court and will also be temperature checked on arrival each day.