

# Expert short-term relief for families



*Vincent Court provides short-term respite care in a welcoming aged care community designed to feel like home. We care for guests with low care, high care and memory care needs.*

## **Trusted support when you need it**

We understand that there are certain times when you might need some help looking after your loved one:

- Emergency care following an accident, injury or illness
- Recuperation and recovery following a hospital stay or incident
- If you are planning a holiday away
- If you need a break from your carer role
- As a way for your loved one to experience living at Vincent Court before considering a more permanent move

Your loved one is welcome to join us for a week or longer.

## **An experienced on-site care team**

You can enjoy peace of mind knowing your loved one will be expertly looked after and supported 24/7 by our dedicated team of carers and on-site nurses. We focus on helping our guests feel welcome, cared for and comfortable by understanding their specific needs and developing a personalised care and support plan.

## **What's included in respite care?**

- Private room with ensuite that opens onto a private balcony or shared courtyard
- Fresh, home-cooked meals (including morning and afternoon tea), as well as all-day access to snacks and drinks
- Daily housekeeping, laundry and room service
- Access to our full activity schedule and planned outings
- 24/7 on-site care and support

## A private sanctuary that feels like a master bedroom

Each respite guest enjoys the privacy of their own light-filled private suite, complete with its own ensuite. There's plenty of room for treasured and familiar belongings, and family and friends are encouraged to visit whenever they like. Respite guests can also experience everything else Vincent Court has to offer, including the many spaces where residents can come together to share a meal or a chat, group activities, on-site Chapel and hairdressing salon.

## A welcoming community designed to feel like home

Vincent Court is divided into six households to offer a more personal and home-like experience. Residents in each household share their own kitchenette, lounge and dining room. Our flexible approach to home-made meals means more flexibility and choice. Our beautiful outdoor courtyards offer the simple pleasures of a backyard, with courtyards, veggie patches and flower beds.

## Respite fees

The Government subsidises up to 63 days of respite care in a financial year, with the possibility of extending this by 21 days at a time (subject to a current ACAT assessment). The basic daily fee for a respite resident is set by the Government at 85% of the single basic age pension. This fee is updated on 20 March and 20 September each year, in line with increases to the age pension.

Based on current rates, the maximum basic daily fee is \$60.86 per day (as at 20 September 2023).

## Vincent Court is part of an innovative national alliance

*Apollo Care's unique vision is to strengthen smaller not-for-profit aged care communities that deliver choice to older Australians who want to remain living locally. We use innovation to help these communities thrive, making aged care better for residents and staff.*



*"My years of experience have shown me the importance of the role smaller aged care communities, like Vincent Court, play in their local region. Here, residents are supported to live their way, with grace and dignity."*



**Stephen Becsi OAM**  
CEO Apollo Care

*"Every older Australian deserves to be cared for as an individual. Our care culture centres on kindness and helping each resident live their best, most joyful life everyday - whatever that looks like to them."*



**Kylie Radburn**  
Chief Governance Officer  
Apollo Care

## We're here to guide and support you

Our friendly team can help you through each step of the respite process, from applying for an ACAT assessment through to creating a packing list.

Talk to our team on (02) 6562 6062 or email us at [info@vincentcourt.org.au](mailto:info@vincentcourt.org.au)

To learn more, visit [vincentcourt.org.au](http://vincentcourt.org.au) and follow us on Facebook.